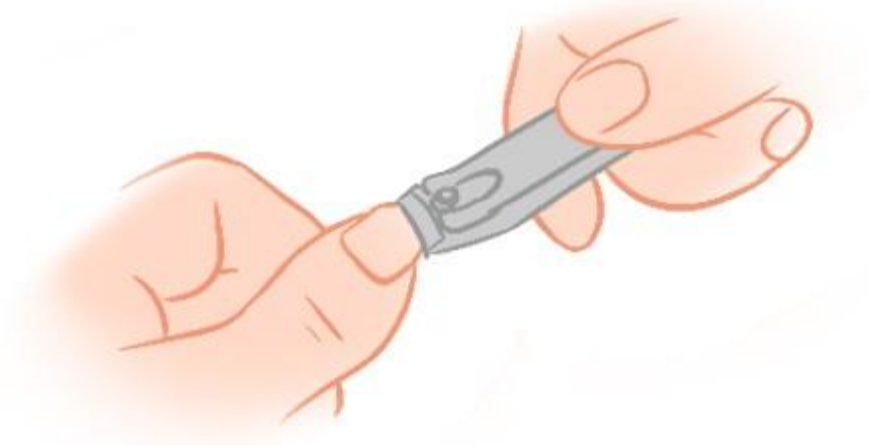


Why do I have to cut my nails?



Mum will cut my finger nails once a week. It will not be sore.

Why do I need to have my nails cut?

1. To keep my nails clean

When my nails are long, dirt can get under my nails. Germs can grow there and could make me sick when I touch my mouth.

2. To stop me hurting other people

When my nails are long I might accidentally scratch other people and hurt them. This would upset them.

3. To help me use my hands in activities

When my nails are long it is more difficult to use small items in my hand, like fastening buttons, tying my laces or holding my pencil.

I will let mum cut my finger nails once a week to keep them short.