

Going to the Supermarket



Every week people go to the supermarket.

They go to buy food, drinks and things for their house.

When I go to the supermarket I can take a shopping list to help me remember what I need to buy.



I can get a basket or a trolley to put my shopping in before I start.

If I cannot find an item on my list I can ask a member of staff to help me.

If they do not have what I am looking for in the shop I can get it in another shop or wait until next week if it is not urgent.

At the supermarket, everyone pays for their shopping before they leave the shop.



When I have got all my shopping I go to the till, and queue until it is my turn to pay.

***This Social Narrative is only an example which covers several skills for development. Social Narratives should be individualised for the child you are working with and concentrate upon the skills which they need to develop.**

When it is my turn to pay at the till I can say "hello" to the cashier.



I can put all my shopping on the conveyor belt and the cashier will scan all my groceries.

It's ok to ask an adult to help me pack my groceries into bags.



The cashier will tell me how much all my shopping costs.



I will carefully count out the correct amount of money and give it to the cashier.

I can say "thank you" to the cashier before I leave the shop and put my shopping into the car to go home.



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