

Why do I have to take a shower?



1. To smell good

Taking a shower will make me smell good.

My body sweats during the day and night. Sweat itself does not smell- but the longer it stays on the skin the more it will smell bad. A shower will get rid of the sweat and make me smell good.

2. To get clean

Taking a shower will make me clean.

The shower will get rid of any dirt and germs.

3. To make me feel comfortable

Taking a shower will make my skin feel comfortable.

If my skin is dirty it might make me feel uncomfortable or itchy. Taking a shower will make me feel more comfortable.

4. To make other people feel comfortable

Other people will feel better if I smell clean.

If I smell dirty, other people may feel uncomfortable when they are near me. People may not want to be friends with someone who does not smell clean. If I am clean, it will make them feel better.

By taking a shower, I may be more comfortable and others may also feel more comfortable.